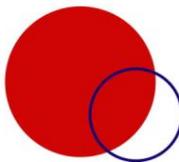


ENHANCING PRIMARY CARE: The GPs

A/PROF DR MOHAMMAD HUSNI JAMAL
MBBS FAFP FRACGP MBA
PRESIDENT
AFPM



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The Late Prof Dr Barbara Starfield



*“There is now good evidence.....
.....that good primary care is
associated with better health
outcomes (on average), lower costs
(robustly and consistently), and
greater equity in health”*



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Dr Margaret Chan,
ex-Director-General of
WHO (2006-2017)



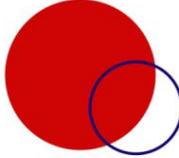
“Primary care is our best hope for the future. Family doctors are our rising stars for the future.

Out of the ashes built up by highly specialized, dehumanized, and commercialized medical care, family medicine rises like a phoenix, and takes flight, spreading its comprehensive spectrum of light, with the promise of a rainbow ”

- World Organization of Family Doctors (WONCA) World Conference held in Prague, Czech Republic, in June 2013



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History of AFPM

College of General Practitioners of
Malaysia

1972

1st professional medical society

Academy of Family Physicians of
Malaysia
1995

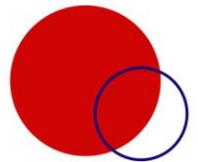
Current membership 3,000

ARPaC (ASEAN Regional Primary
Care Physicians)

WONCA (World Organisation of
Family Physicians)



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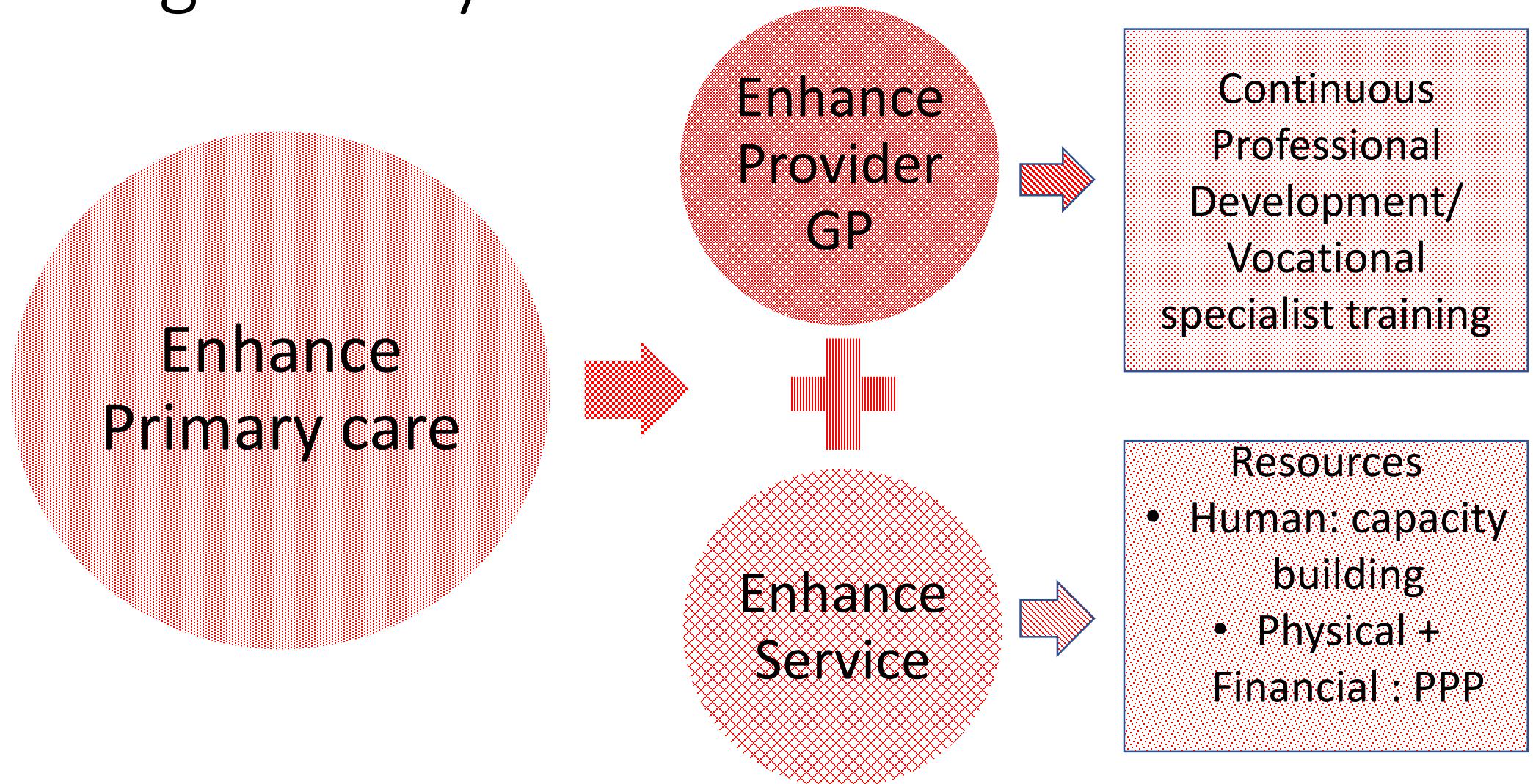


AFPM Mission

- To improve the health and wellbeing of individuals, families and communities.
- To support our members in their pursuit of clinical excellence
- To promote the concept of one Family Doctor per family
- To achieve universal health care coverage for all in Malaysia



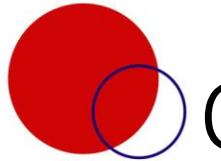
Enhancing Primary Care



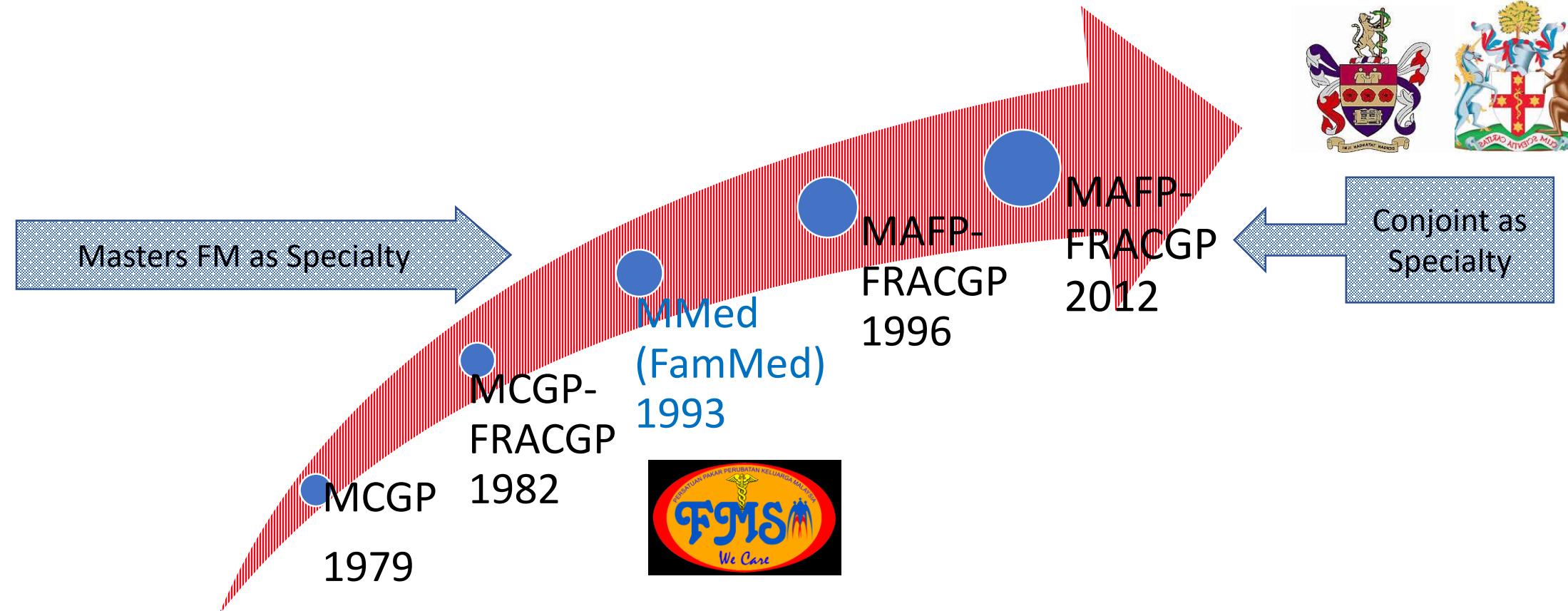
Principles of Family Medicine as a basis to Enhance Primary Care

- 4Cs
 - Continuity of care
 - Comprehensive care
 - Coordination of care
 - Community orientation
- 4Ps
 - Primary or first contact care
 - Personalized care
 - Patient oriented (not disease oriented)
 - Prevention/health promotion

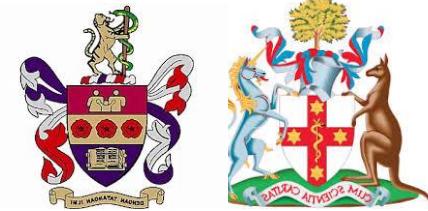


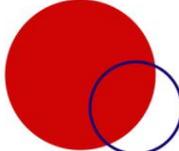


CPD : Evolution of Family Medicine program in Malaysia



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Postgraduate curriculum AFPM

Graduate Certificate in FM

GCFM

2 years (4 sem)

Distance learning

Assessments – online MCQs
& assignments

Workshops , logbook

RM 8K / RM 10 K per year

Advanced Training in FM

ATFM

2 years

Guided reading , Mentor
supervision

Self-study

RM 12K per year

MAFP-FRACGP

Part 1 – theory

RM3.3K

Part 2 – clinical OSCE

RM 4.5K

Practice Based Assessment – alternative
pathway for senior GPs > 20 years service



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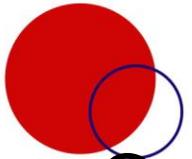
Other current courses:

- Practical Orthopaedics for General Practitioners
- Postgraduate Diploma in Dermatology for Primary Care physicians
- Certificate in Teaching of Family Medicine

Other value-adds:

- Quality Improvement in Practice (QIP): Incorporated into the GCFM/ATFM programme to ensure that GPs maintain the required standards of practice & patient care in line with CPG & current developments in medicine (equivalent of MSQH for hospitals)
- Malaysian Primary Care Research Group (MPCRG): training members in primary care research

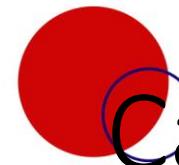




Collaboration:

- The **War on Cancer** project, the initiative of the College of Physicians which was launched by the Hon Deputy Prime Minister last year.
- **HIV Connect**: online HIV training programme for primary care physicians. A platform which updates with the HIV care in Malaysia. With Malaysian Society for HIV Medicine & MMA.
- The **iMANAGE** program: a 1-year engagement of continuous learning and interactions in managing NCD and mental health (Upjohn Pfizer)
- **Patient Safety** – MOH , MSQH , others





Capacity building

National Health Reform

Pillar 1

Pillar 2

Human Resources for Health

“Increase the supply of
Family Medicine Specialists”

Pillar 3

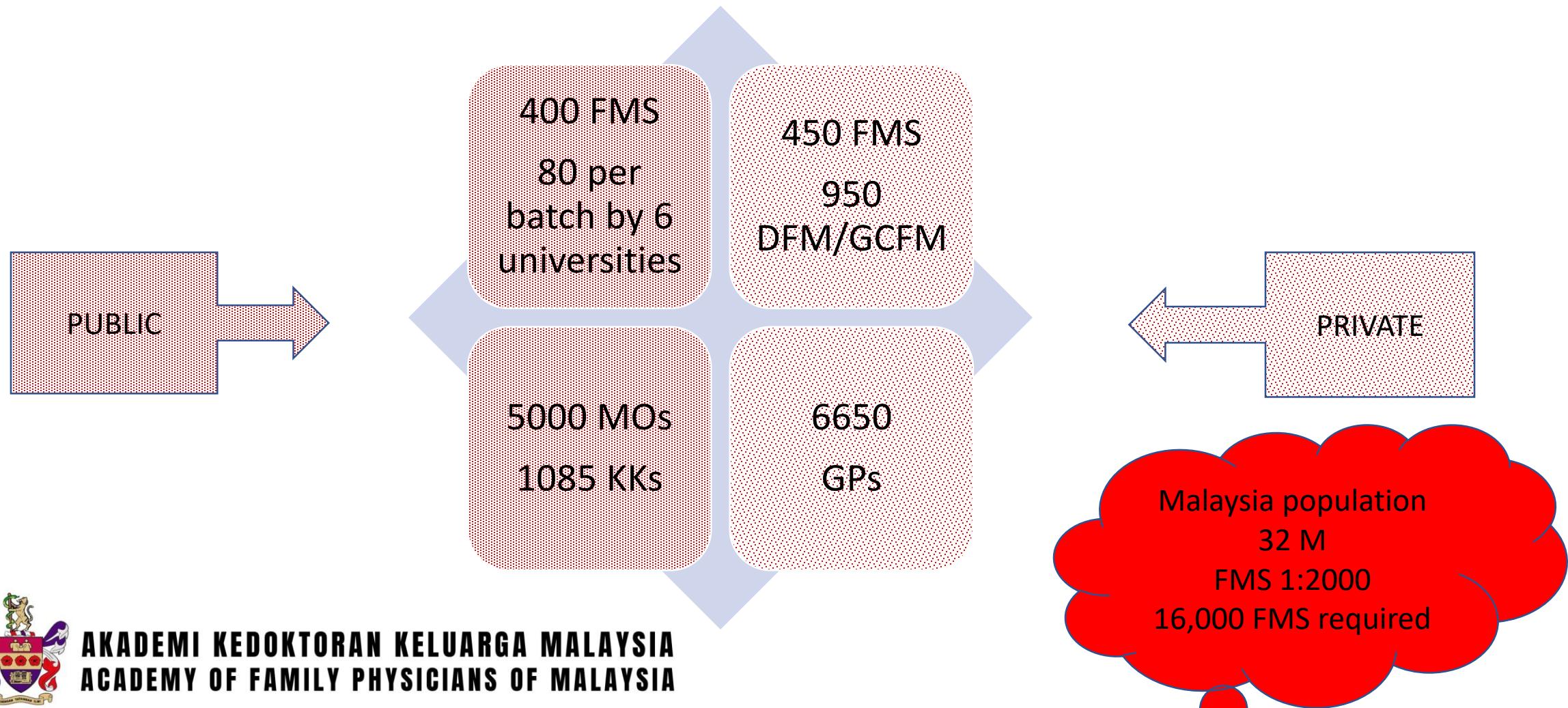


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Capacity building



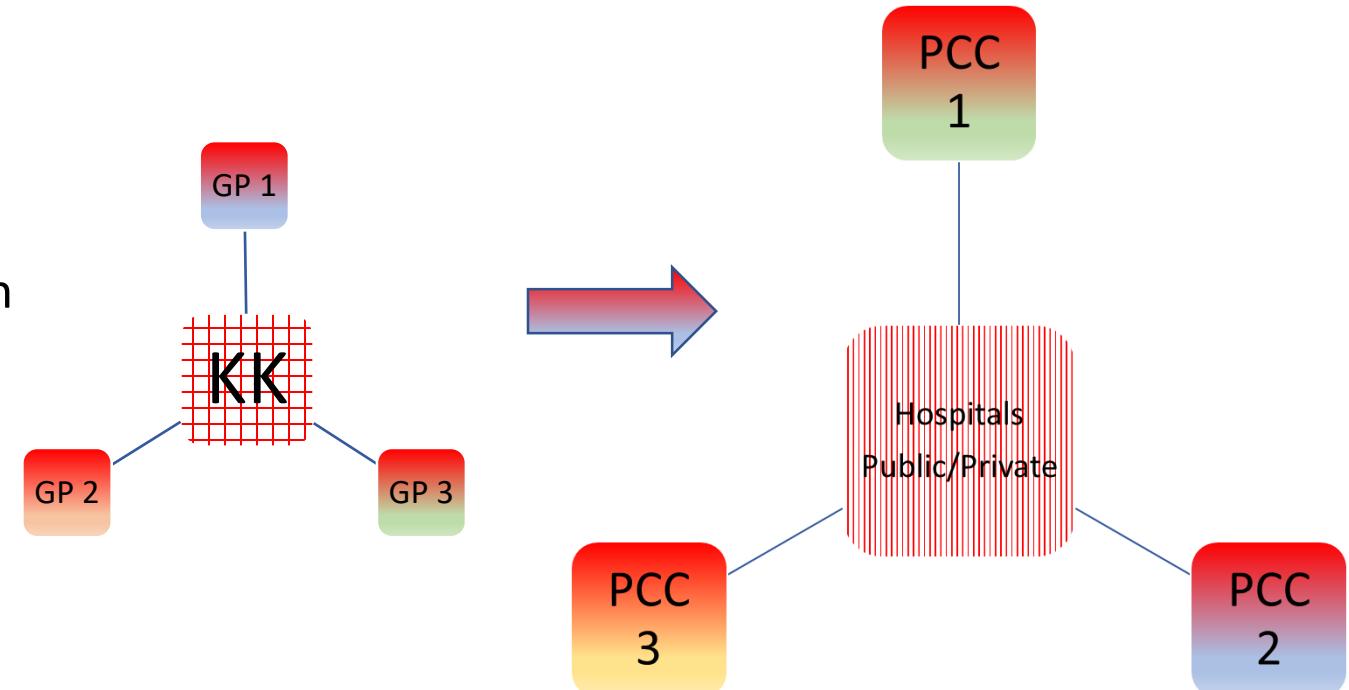
Public-Private Partnerships – Financial & Physical resources

Primary Care Cluster (PCC)

- NonCommunicable Diseases (NCDs)



- Mental health
- Health Promotion eg smoking cessation
- Disease prevention eg immunisation
- Diagnostics – laboratory & radiological
- Steering committee AFPM-FMS on PPP



GP as Gatekeeper

Pros

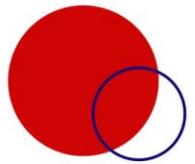
- Reduce health expenditure
- Reduce specialist waiting times
- System efficiency & cost containment
- Patient safety - quaternary prevention against diagnostic and treatment overuse

Cons

- Delayed diagnosis will increase costs
- Delayed diagnosis will affect outcome
- Over or under- referral by GPs due to financial considerations
- Unnecessary/overservice due to demand-satisfying action of GPs

Avoidable with proper vocational training





Issues

Family Medicine Specialist
MAFP/FRACGP
NSR



VectorStock®

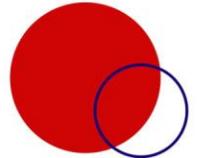
Private GPs
Specialist
remuneration issue
especially by TPAs



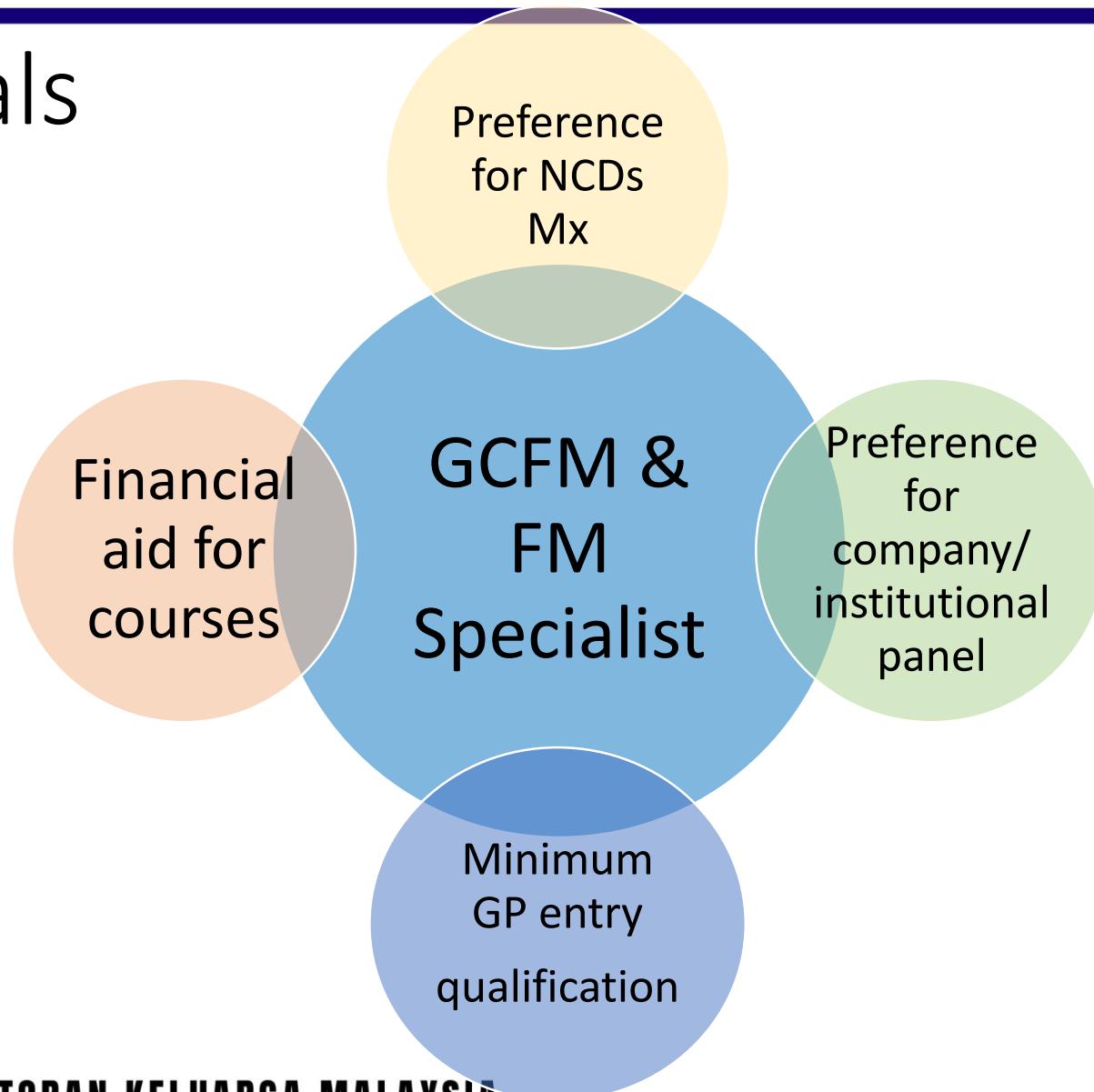
MOH(KKs)
Specialist career
pathway

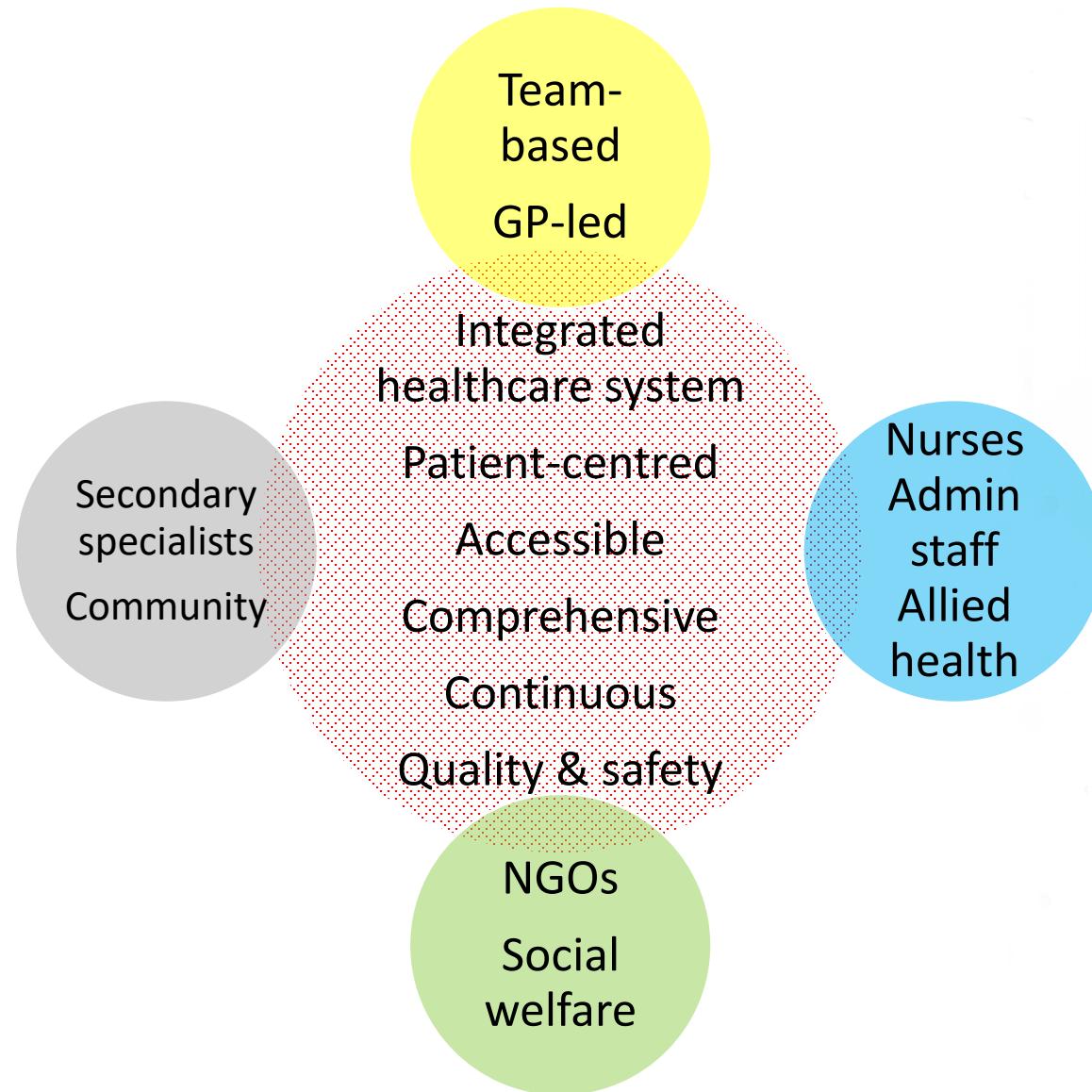


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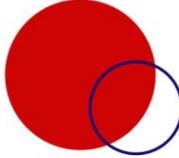
Proposals





Patient Centred Medical Home PCMH
Funding model
Separation of renumeration of GP - Practice - Services





NATIONAL HEALTH FINANCE – **WHEN ???**



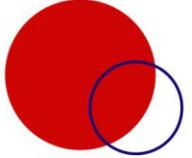
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Website

www.afpm.org.my



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THANK YOU



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