

# ENHANCING PRIMARY CARE: The GPs

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PRESIDENT  
AFPM



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## The Late Prof Dr Barbara Starfield



*“There is now good evidence.....  
.....that good primary care is  
associated with better health  
outcomes (on average), lower costs  
(robustly and consistently), and  
greater equity in health”*



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Dr Margaret Chan,  
ex-Director-General of  
WHO (2006-2017)



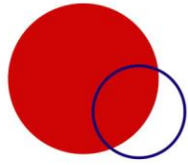
*“Primary care is our best hope for the future.  
**Family doctors** are our rising stars for the  
future.”*

*Out of the ashes built up by highly specialized,  
dehumanized, and commercialized medical  
care, **family medicine** rises like a phoenix, and  
takes flight, spreading its comprehensive  
spectrum of light, with the promise of a  
rainbow “*

- World Organization of Family Doctors (WONCA) World Conference held in Prague, Czech Republic, in June 2013



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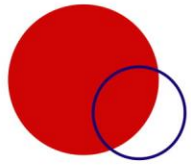
# History of AFPM

College of General Practitioners of  
Malaysia  
1972  
1<sup>st</sup> professional medical society

Academy of Family Physicians of  
Malaysia  
1995  
Current membership 3,000  
ARPaC (ASEAN Regional Primary  
Care Physicians)  
WONCA ( World Organisation of  
Family Physicians)



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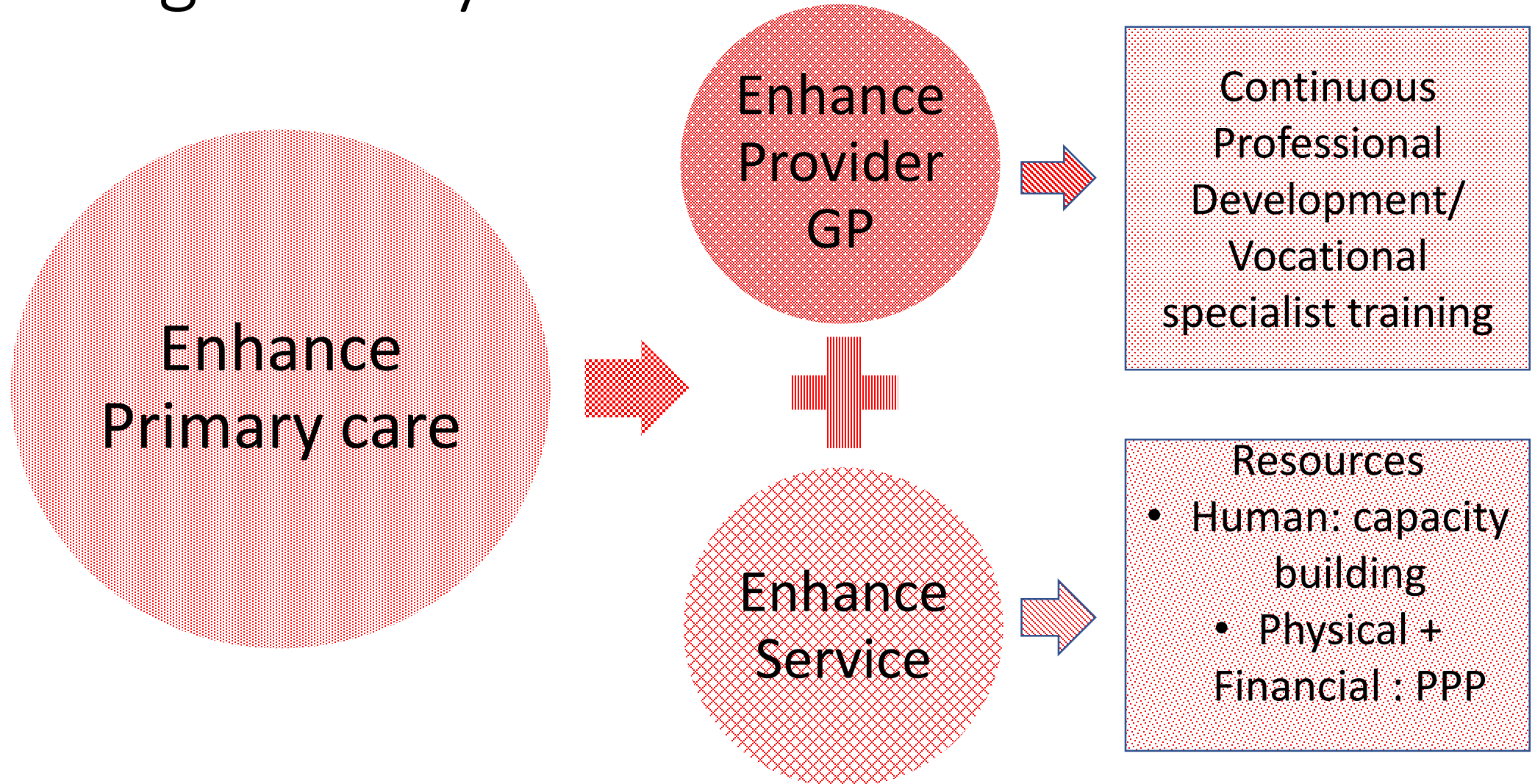


# AFPM Mission

- To improve the health and wellbeing of individuals, families and communities.
- To support our members in their pursuit of clinical excellence
- To promote the concept of one Family Doctor per family
- To achieve universal health care coverage for all in Malaysia



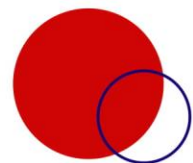
# Enhancing Primary Care



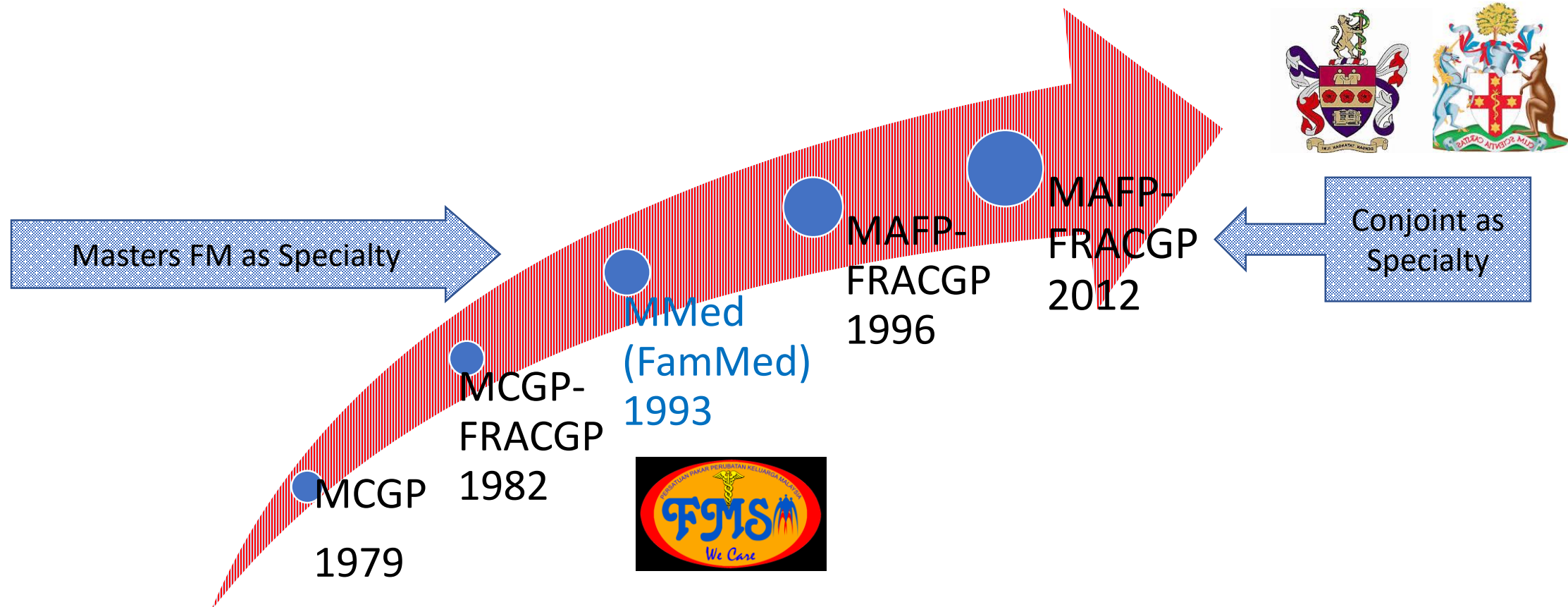
# Principles of Family Medicine as a basis to Enhance Primary Care

- 4Cs
  - Continuity of care
  - Comprehensive care
  - Coordination of care
  - Community orientation
- 4Ps
  - Primary or first contact care
  - Personalized care
  - Patient oriented (not disease oriented)
  - Prevention/health promotion





# CPD : Evolution of Family Medicine program in Malaysia



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# Postgraduate curriculum AFPM

Graduate Certificate in FM  
GCFM

2 years ( 4 sem )

Distance learning

Assessments – online MCQs  
& assignments

Workshops , logbook

RM 8K / RM 10 K per year

Advanced Training in FM  
ATFM

2 years

Guided reading , Mentor  
supervision

Self-study

RM 12K per year

MAFP-FRACGP

Part 1 – theory

RM3.3K

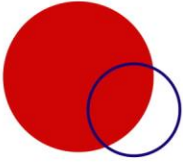
Part 2 – clinical OSCE

RM 4.5K

Practice Based Assessment – alternative  
pathway for senior GPs > 20 years service



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## Other current courses:

- Practical Orthopaedics for General Practitioners
- Postgraduate Diploma in Dermatology for Primary Care physicians
- Certificate in Teaching of Family Medicine

## Other value-adds:

- Quality Improvement in Practice (QIP): Incorporated into the GCFM/ATFM programme to ensure that GPs maintain the required standards of practice & patient care in line with CPG & current developments in medicine ( equivalent of MSQH for hospitals)
- Malaysian Primary Care Research Group (MPCRG): training members in primary care research



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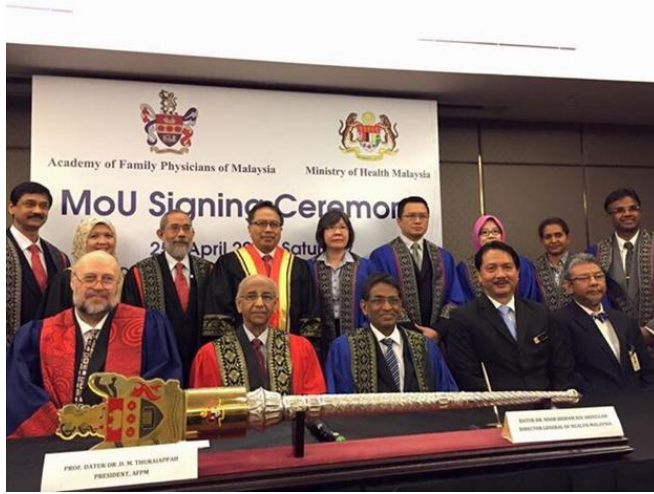
# Collaboration:

- The **War on Cancer project**, the initiative of the College of Physicians which was launched by the Hon Deputy Prime Minister last year.
- **HIV Connect**: online HIV training programme for primary care physicians. A platform which updates with the HIV care in Malaysia. With Malaysian Society for HIV Medicine & MMA.
- The **iMANAGE** program: a 1-year engagement of continuous learning and interactions in managing NCD and mental health ( Upjohn Pfizer)
- **Patient Safety – MOH , MSQH , others**



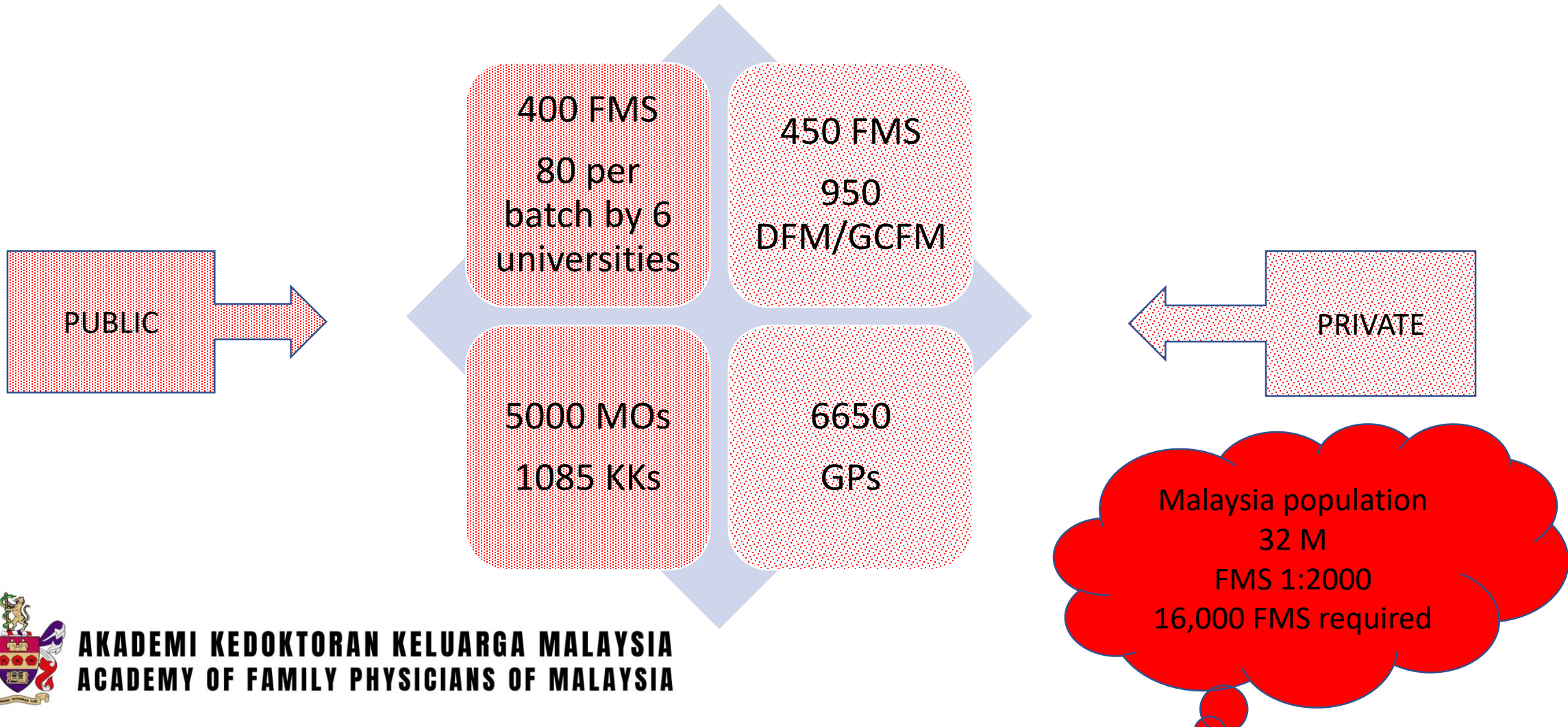
# Capacity building





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# Capacity building



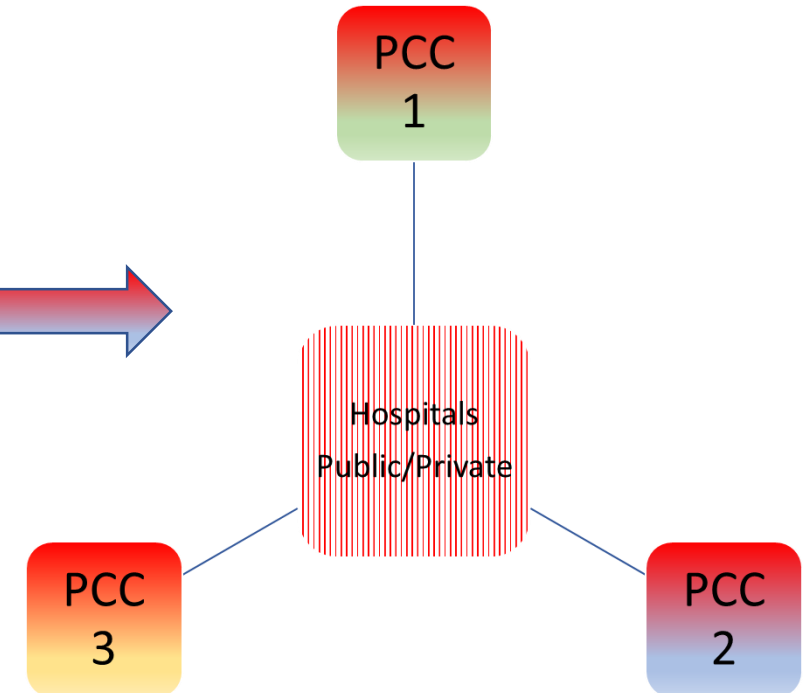
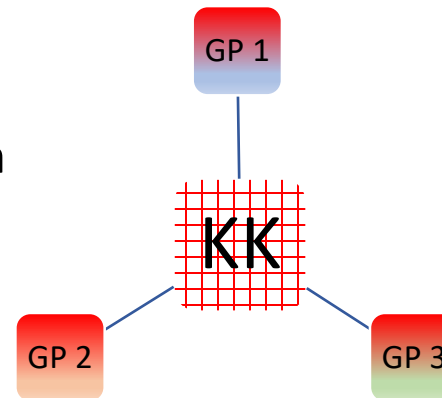
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# Public-Private Partnerships – Financial & Physical resources

## Primary Care Cluster (PCC)

- NonCommunicable Diseases (NCDs)
-  Mental health
- Health Promotion eg smoking cessation
- Disease prevention eg immunisation
- Diagnostics – laboratory & radiological

- Steering committee AFPM-FMS on PPP



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# GP as Gatekeeper

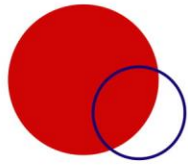
## Pros

- Reduce health expenditure
- Reduce specialist waiting times
- System efficiency & cost containment
- Patient safety - quaternary prevention against diagnostic and treatment overuse

## Cons

- Delayed diagnosis will increase costs
  - Delayed diagnosis will affect outcome
  - Over or under- referral by GPs due to financial considerations
  - Unnecessary/overservice due to demand-satisfying action of GPs
- Avoidable with proper vocational training





# Issues

Family Medicine Specialist  
MAFP/FRACGP  
NSR

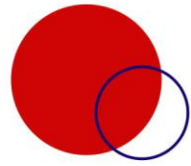


Private GPs  
Specialist  
remuneration issue  
especially by TPAs

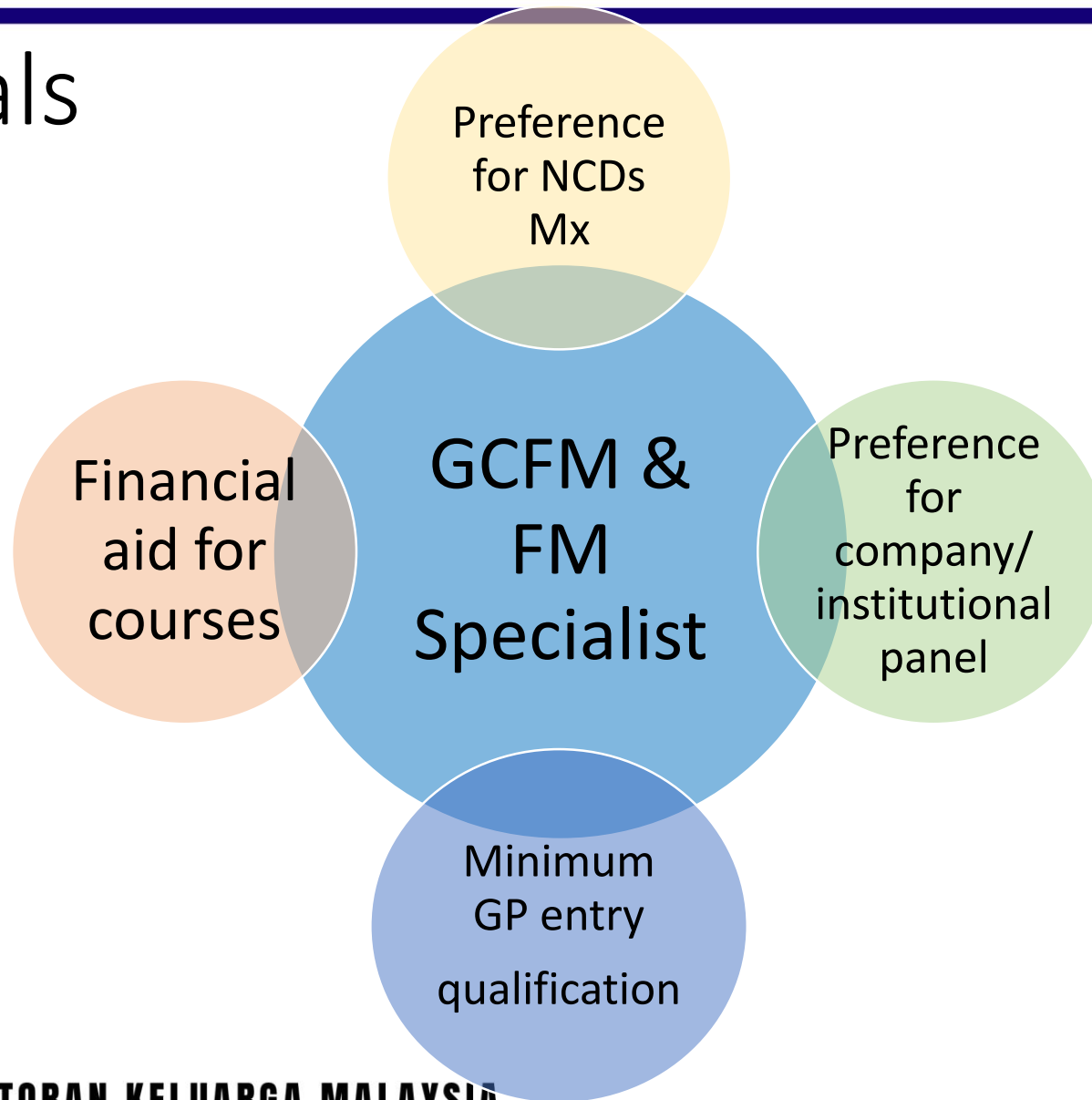
MOH(KKs)  
Specialist career  
pathway

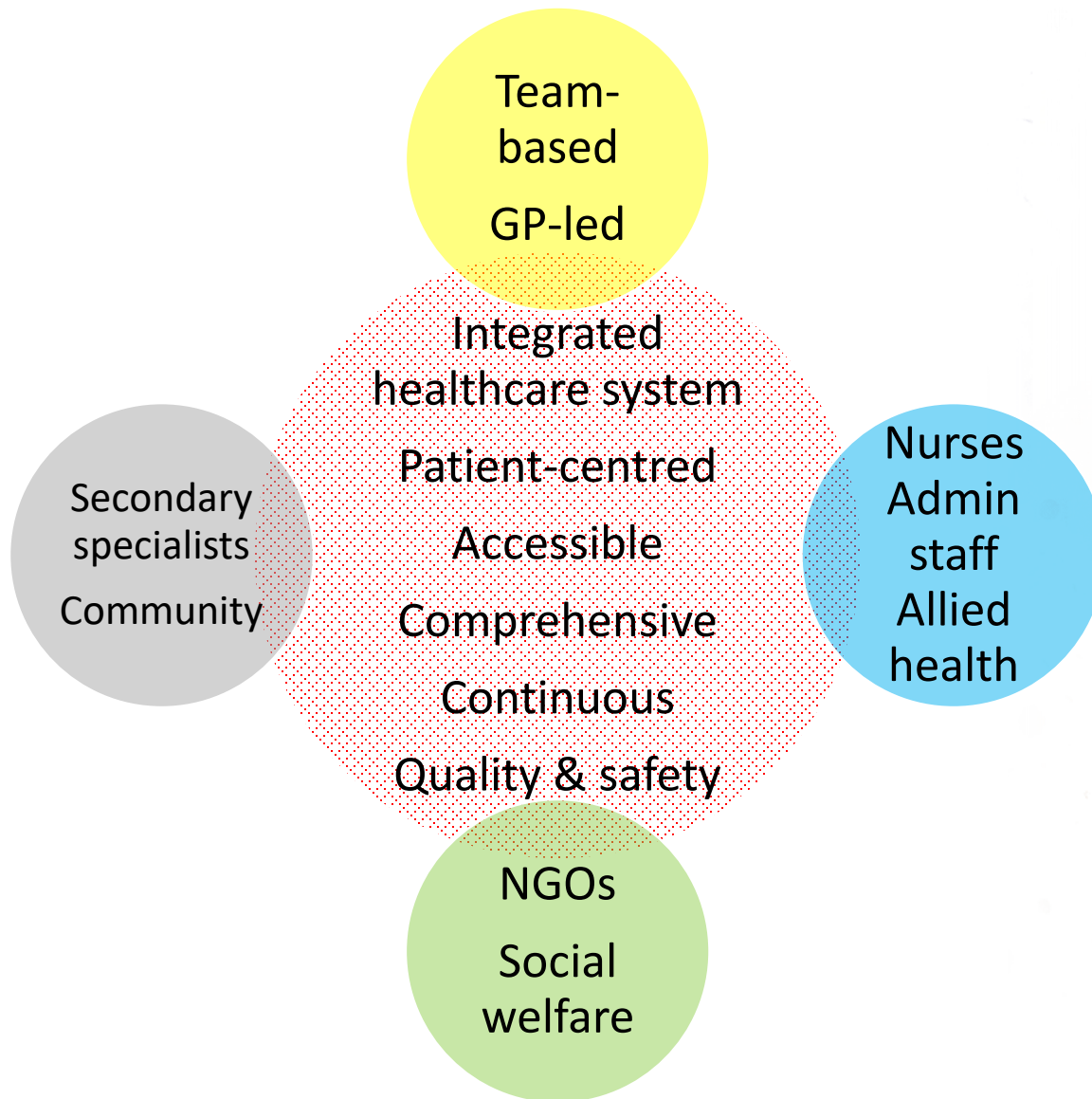


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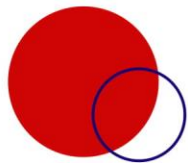
# Proposals





Patient Centred Medical  
Home PCMH  
Funding model  
Separation of remuneration  
of GP - Practice - Services

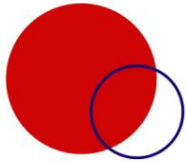




# NATIONAL HEALTH FINANCE – **WHEN ???**



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Website

[www.afpm.org.my](http://www.afpm.org.my)



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# THANK YOU



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